Firstly, make sure it is in the Timekeeping Mode.

<Timekeeping Mode Screen>
- Upper display : Either current time or date
- Lower display : Day of week

DST Setting Module : 5476

Timekeeping Mode

Press D

World Time Mode

Press D

Stopwatch Mode

Press D

Countdown Timer Mode

Press D

Alarm Mode

Press D

Timekeeping Mode

Press C

Press D

Digital Compass Mode

Press E

Thermometer Mode

To return to the Timekeeping Mode from any other mode, hold down “D” button for about two seconds.

1. In the Timekeeping Mode, hold down “A” button until ADJ appears in the lower display.

2. When you release “A” button (after ADJ appears), “SET” will be flashing in the upper display.

3. Press “D” button once.

4. DST Setting of the currently selected Home City to appear in the lower display. “DST” will appear in the upper display.

5. Press “E” button to toggle the DST setting between daylight saving time (ON) and standard time (OFF).

⑥

6. Press “A” button to exit the setting screen.