

DST Setting / Module : 5689

※ If you are connected to a mobile phone, please switch from the [CASIO WATCHES app](#).

Firstly, make sure it is in the Timekeeping Mode.

<Timekeeping Mode Screen>



※ Depending on your display settings, the date will change to the day of the week and time.

To return to the Timekeeping Mode, hold down **C** for two seconds.



In the Timekeeping Mode, hold down **A** until the city code appears.



Press **C** once to display the DST setting mode.



Press **D** to change the DST Settings. (AUTO/OFF/ON)

4.



Press (A) to return to the Timekeeping Mode.

<Timekeeping Mode Screen>



The hands also change to the time set in above number 3.