Hold down to test the alarm.

Press to switch the Daily Alarm and Hourly Time Signal on and off.

4. After you set the alarm time, press to increase the selected digits.

2. While the second's digits are selected (flashing), press to enter the Time Setting Mode.

3. While the second's digits are selected (flashing), press to increase the number. While the day of the week is selected, pressing advances to the next day. Holding down changes the current selection at high speed.

5. After you set the time and date, press to return to the Timekeeping Mode.

• If you do not operate any button for a few minutes while a selection is flashing, the flashing stops and the watch goes back to the Timekeeping Mode automatically.

To set the time and date
1. Use to enter the Time Setting Mode.
2. Press to change the selection in the following sequence.
3. While the second's digits are selected (flashing), press to reset the seconds to “00”. If you press while the second's count is in the range of 30 to 59, the seconds are reset to “00” and 1 is added to the minutes. If the second's count is in the range of 00 to 29, the minutes count is unchanged.
4. While any other digits (besides seconds) are selected (flashing), press to change to the selection in the following sequence.
5. Pressing also illuminates the display.

1. Hold down while the alarm is on in the Alarm Mode.
2. Press while in the Alarm Mode to sound the alarm.

To test the alarm
Hold down while in the Alarm Mode to sound the alarm.

Backlight Precautions
The backlight uses an EL (electro-luminescent) panel that causes the entire display to glow for easy reading in the dark.
• The electro-luminescent panel that provides illumination loses power after very long use.
• The illumination provided by the backlight may be hard to see when viewed under direct sunlight.
• The watch may emit an audible sound whenever the display is illuminated.

The electro-luminescent panel that provides illumination loses power after very long use.

To set the alarm time
1. Hold down while in the Alarm Mode until the hour digits start to flash on the display. The hour digits flash because they are selected.

2. Press to change the selection in the following sequence.

• If you do not operate any button for a few minutes while a selection is selected.

To switch the Daily Alarm and Hourly Time Signal on and off
Press while in the Alarm Mode to change the status of the Daily Alarm and Hourly Time Signal in the following sequence.

To test the alarm
Hold down while in the Alarm Mode to sound the alarm.

Alarm Mode
When the Daily Alarm is on, the alarm sounds for 20 seconds at the preset time each day. When the Hourly Time Signal is on, the watch beeps every hour on the hour.

To set the alarm time
1. Hold down while in the Alarm Mode until the hour digits start to flash on the display. The hour digits flash because they are selected.

2. Press to change the selection in the following sequence.

• Pressing also illuminates the display.

• Once you reach the normal Alarm Mode, you have to hold down again until the hour digits start to flash.

3. Press to increase the selected digit. Holding down changes the number at high speed.

4. After you set the alarm time, press to return to the Alarm Mode. At this time the Daily Alarm is switched on automatically.

To stop the alarm
Press to stop the alarm after it starts to sound.

To switch the Daily Alarm and Hourly Time Signal on and off
Press while in the Alarm Mode to change the status of the Daily Alarm and Hourly Time Signal in the following sequence.

To test the alarm
Hold down while in the Alarm Mode to sound the alarm.

General Guide
The operational procedures for Modules 2428 and 2470 are identical. All of the illustrations in this manual show Module 2428.
• Press to change from mode to mode. Each mode is explained in detail on the following pages.