Congratulations upon your selection of this CASIO watch.

Your watch has a Mobile Link function that allows it to communicate with a Bluetooth® mobile phone and adjust its time settings to match those of the mobile phone.

For details about functions, go to the website below and select your language for the EQB-800.
http://support.casio.com/wat/bs/

Using the Watch

Charging
Remove the watch from your wrist and place it in a brightly lit area.

Power Saving
Leaving the watch in a dark location for about one week will cause all hands to stop.

Battery Alerts
- Low Battery
- Dead Battery
- All hands stopped.

General Guide

Selecting a Mode
Each press of A cycles between modes as shown below.

Setting the Time
1. Rotate the crown towards you to loosen it.
2. Push the crown out to the second click.
   - This enables setting of the hour and minute.
3. Rotate the crown to change the current hour and minute setting.
4. Press A.
   - This enables the month and day setting.
5. Use B to change the month setting.
6. Rotate the crown to change the day setting.

Changing the Dual Time Setting
1. Rotate the crown towards you to loosen it.
2. Push the crown out to the first click.
3. Rotate the crown to move the hands to the time you want to set.
4. After the setting is the way you want, push the crown back in and then screw it securely into place.

Specifications

Accuracy at normal : ±15 seconds a month temperature

Timekeeping : Hour, minute (hands move at 10-second intervals), second; 24-hour timekeeping, date, day of the week
Others: Dual time (hour, minute; 24-hour timekeeping; Swapping with Home Time)

Stopwatch : Measuring unit: 1/20 (0.05) seconds
Measuring capacity: 23:59'59.95" (24 hours)
Measurement functions: Elapsed time, split times, time difference indication

Alarm : Setting units: Hour, minute
Beeper: 10 seconds

Mobile Link Functions
- Auto Time Correction
- Manual connection and time adjustment
- Phone finder
- Watch operation sounds the alert sound of the mobile phone.

Other : Power Saving: Low battery alert; Battery level indication

Power Supply : Solar panel and one rechargeable battery

Approximate : 5 months

Battery Life
- Mobile Link: 4 times (40 seconds)/day
- Alarm: Once (10 seconds)/day
- Power Saving: 6 hours/day