User’s Guide 3229/3421/3489

Congratulations upon your selection of this CASIO watch.

Important:
• This manual provides a brief overview of your watch.

Configuring Time and Date Settings

To set the time and date
1. Press \( \text{A} \) while in the Timekeeping Mode. The seconds digits flash on the display because they are selected.
2. Press \( \text{C} \) to change the selection in the following sequence.

<table>
<thead>
<tr>
<th>Selection</th>
<th>Display</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seconds</td>
<td>(flashing)</td>
</tr>
<tr>
<td>Minute</td>
<td></td>
</tr>
<tr>
<td>Hour</td>
<td></td>
</tr>
<tr>
<td>Day</td>
<td></td>
</tr>
<tr>
<td>Month</td>
<td></td>
</tr>
<tr>
<td>Year</td>
<td></td>
</tr>
</tbody>
</table>

3. While the seconds digits are selected (flashing), press \( \text{B} \) to reset the seconds to “00”. If you press \( \text{B} \) while the seconds count is in the range of 30 to 59, the seconds are reset to “00” and 1 is added to the minutes. If the seconds count is in the range of 00 to 29, the minutes count is unchanged.
4. While any other digits (besides seconds) are selected (flashing), press \( \text{B} \) to increase the number. Holding down \( \text{B} \) changes the number at high speed.
• To switch between the 12-hour and 24-hour formats, press \( \text{D} \) while some digits are flashing.
5. After you set the time and date, press \( \text{A} \) to return to the Timekeeping Mode.

Mode Selection and Operations

• Press \( \text{A} \) to change the mode.

Timekeeping Mode

<table>
<thead>
<tr>
<th>Mode</th>
<th>Display</th>
</tr>
</thead>
<tbody>
<tr>
<td>Timekeeping</td>
<td></td>
</tr>
<tr>
<td>Alarm</td>
<td></td>
</tr>
<tr>
<td>Countdown Timer</td>
<td></td>
</tr>
<tr>
<td>Stopwatch</td>
<td></td>
</tr>
</tbody>
</table>

Specifications

Accuracy at normal temperature: ±15 seconds a month
Timekeeping: Hour, minutes, seconds, pm (PM), month, day, the day of the week
Time system: Switchable between 12-hour and 24-hour formats
Calendar system: Auto-calendar pre-programmed from the year 2000 to 2099
Alarm: Multi-function alarm, hourly time signal
Countdown Timer
Measuring unit: 1 second
Input range: from 1 second to 24 hours
Other: Auto-repeat function
Stopwatch
Measuring units: 1/100 second (for the first 60 minutes)
1 second (after 60 minutes)
Measuring capacity: 23 hours, 59 minutes, 59 seconds
Measuring modes: Elapsed time, split time and two finishes

Illumination: EL (electro-luminescent) backlight
Battery:
Modules 3229/3421: One lithium battery (Type: CR2016) Approximately 2 years on type CR2016 display illumination operation and 20 seconds alarm operation per day, Flash Alert enabled.
Module 3489: One lithium battery (Type: CR1616) Approximately 2 years on type CR1616 display illumination operation and 20 seconds alarm operation per day, Flash Alert enabled.
Note: Frequent use of the backlight shortens the battery life noted above.
Specifications are subject to change without notice.

For a full Operation Guide and Q&A information about this product, go to the website below.
https://world.casio.com/manual/wat/