



PRO TREK Smart Quick Operation Guide

From pairing with your smartphone to basic operations

WSD-F21HR



PRO TREK Smart



GO HARDER
WITH A WEARABLE MAP



Getting Ready to Use the Product

Depending on factors such as differences in products and software versions, the screen displays and operations may differ from those shown in this Quick Operation Guide. This Quick Operation Guide shows typical screen displays and operations.



Procedures on the smartphone

Supported mobile phones (as of September 2019)

Wear OS by Google works with phones running Android 6.0+ (excluding Go edition) or iOS 10.0+. Supported features may vary across platforms and countries.

- 1 Install the "Wear OS by Google" app.
 - 2* Install the **CASIO MOMENT SETTER+** app.
(Use the latest version. Older versions for Android Wear™ 1.x cannot be used.)
- * Android-only procedure. CASIO MOMENT SETTER+ is recommended, but is not essential.

Important

- The "Wear OS by Google™" app must be installed.
- Ensure that the watch is fully charged.



Procedures on the watch

- 1 Press the **Power button** on the watch.
- 2 Tap the **screen**.
- 3 Select the **language to be used**.



Pairing the watch with your smartphone 1

Android settings

Important

- Activate the **Bluetooth®** connection on your smartphone.
- Place the smartphone to be paired close to the watch (1 m or closer recommended).
- This description shows typical screen transitions.

- 1 Launch **Wear OS by Google** on the smartphone.
- 2 Tap "**Start Setup**".
- 3 Tap "**CASIO WSD-F21HR**".
- 4 When the pair settings screen appears, check the passkey and tap "**PAIR**".
- 5 Getting your watch details may continue for some time.
- 6 Set account(s) to "**ON**" selection, and then tap "**Next**".
- 7 Tap "**Copy**".
- 8 Enter the password and tap "**SIGN IN**".
- 9 Tap "**DONE**".
If a confirmation screen then appears, follow the instructions provided on the screen.
- 10 Connection is completed.



User must follow instructions to make copy of account in order for product updates to function as intended.

To ensure that the product is fully functional, configure the **settings on the watch** in "Pairing the watch with your smartphone ②".



Pairing the watch with your smartphone 1

iPhone settings

Important

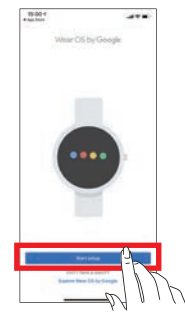
- Activate the Bluetooth® connection on your smartphone.
- Place the smartphone to be paired close to the watch (1 m or closer recommended).

1



Launch **Wear OS by Google** on the smartphone.

2



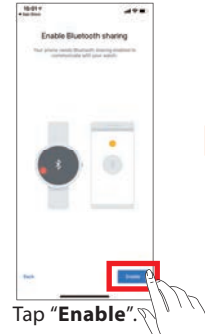
Tap "Start setup".

3



Tap "Agree".

4



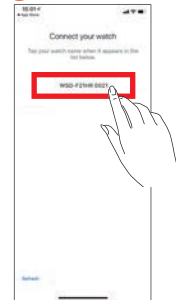
Tap "Enable".

5



Tap "OK".

6



Tap "WSD-F21HR".

7



Tap "Pair".

8



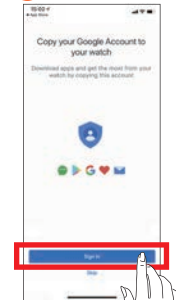
Once the same code to connect shown on the watch appears, tap "Confirm".

9



Getting your watch information may continue for several minutes.

10



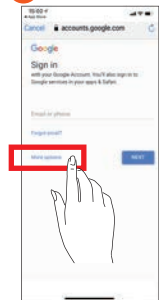
Tap "Sign in". If "Continue as (account name)" is displayed, proceed to step 15.

11



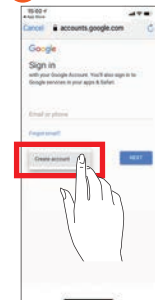
Tap "Use another account".

12



Tap "More options".

13



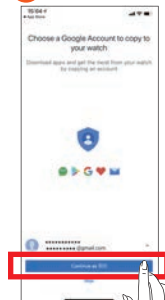
Tap "Create account".

14



Follow the on-screen instructions to enter your data and create the account.

15



Tap "Continue as (account name)".

16

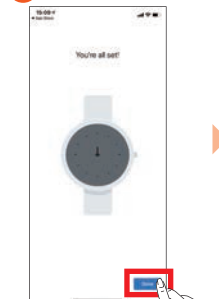


17



Enter the password for the created account and tap "Sign in". If a confirmation screen then appears, follow the instructions provided on the screen.

18



Tap "Done".

19



Connection is completed.

To ensure that the product is fully functional, configure the settings on the watch in "Pairing the watch with your smartphone".

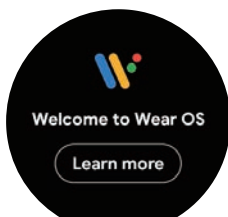


Pairing the watch with your smartphone ②

Watch settings

1 Run the "Tutorial" displayed on the watch face by Wear OS by Google.

You should **follow the steps in the tutorial at least once**, as it includes important steps in preparing the OS.



Tap "**Learn more**".



Swipe the screen to check the display. Swipe back to return to the watch display. Check the display in all four directions.



Press the **Power button** to display the App Menu. Use the Power button to return to the watch display.



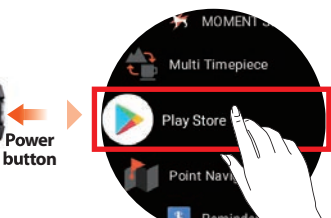
Tap and hold the center of the screen to open the watch face selection screen. Tap to return to the watch display.

2 Update to the latest versions of the Casio apps.

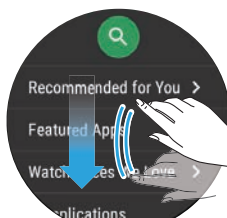
To use an **iPhone**, a **Wi-Fi connection** is required.



Press the **Power button** on the watch.



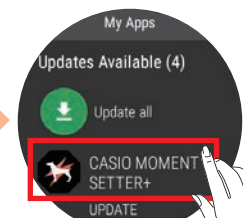
Swipe **down** on the screen. Tap "**Play Store**" in the App Menu.



Swipe **down** on the screen.



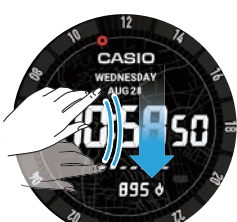
Tap "**My Apps**".



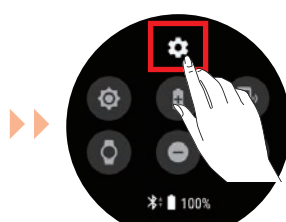
A list of the apps that can be updated appears. "**CASIO MOMENT SETTER+**" must be updated. Updating the other apps also is recommended.

3 Configure the location information settings in "From phone & watch".

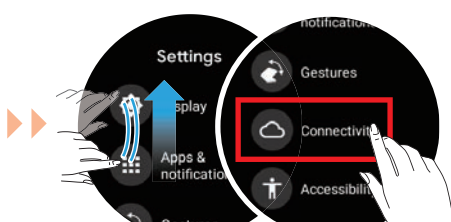
Unless you plan to use "**Activity**" or "**Location Memory**", or "**Location**" or "**Traveler**" on the watch face, there is no need to set the "**Location information**".



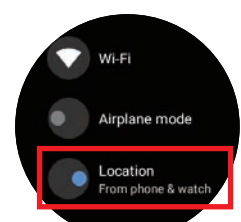
Swipe **down** on the screen.



Tap "**Settings**".



In the "**Settings**" screen, swipe up and tap "**Connectivity**".



Check that "**From phone & watch**" under "**Location**" is enabled.

This follows on from step ③ in "Pairing the watch with your smartphone ②".



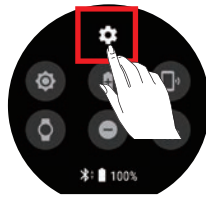
Pairing the watch with your smartphone ②

Watch settings

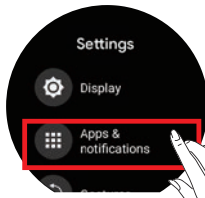
④ In "Apps", enable all the "Permissions" for Casio apps.



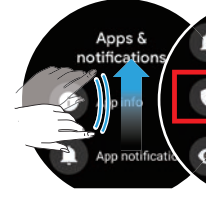
Swipe **down** on the screen.



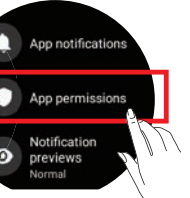
Tap "Settings".



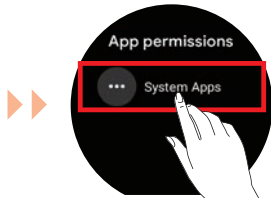
In the "Settings" screen, tap "Apps & notifications".



Swipe up and tap "App permissions".



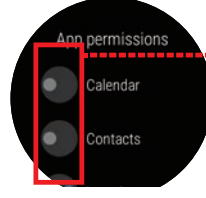
In the app permissions screen, set "Calendar", "Sensor", "Microphone", "Location", "Contacts" and "Receive complication data" to ON. (Tap and slide the switch to the right.)



Tap "System Apps".



Find and tap "CASIO MOMENT SETTER+".



⑤ Enable the "Save daily activity records" setting.

If you omit this step, you will not be able to use "TOOL: My Graph".



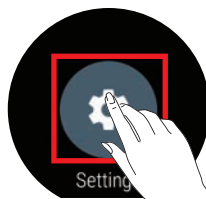
Press the **Power button** on the watch.



Tap "TOOL".



Swipe **left** on the screen.



Tap "Settings".



Tap "Save daily activity records" and set it to ON.



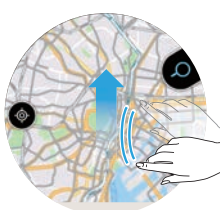
Tap "I agree".

⑥ Enable the "Save Daily Location Info" setting.

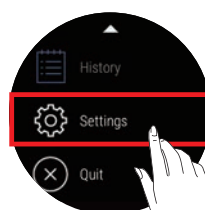
If you omit this step, you will not be able to use the "Route Display", "Check History" or "Revisit" functions in "Location Memory".



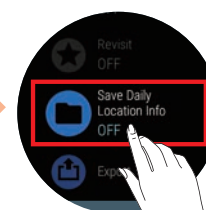
With a watch face displayed, press the "top button".



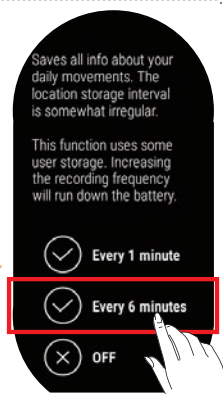
Swipe **up** on the screen.



Tap "Settings".



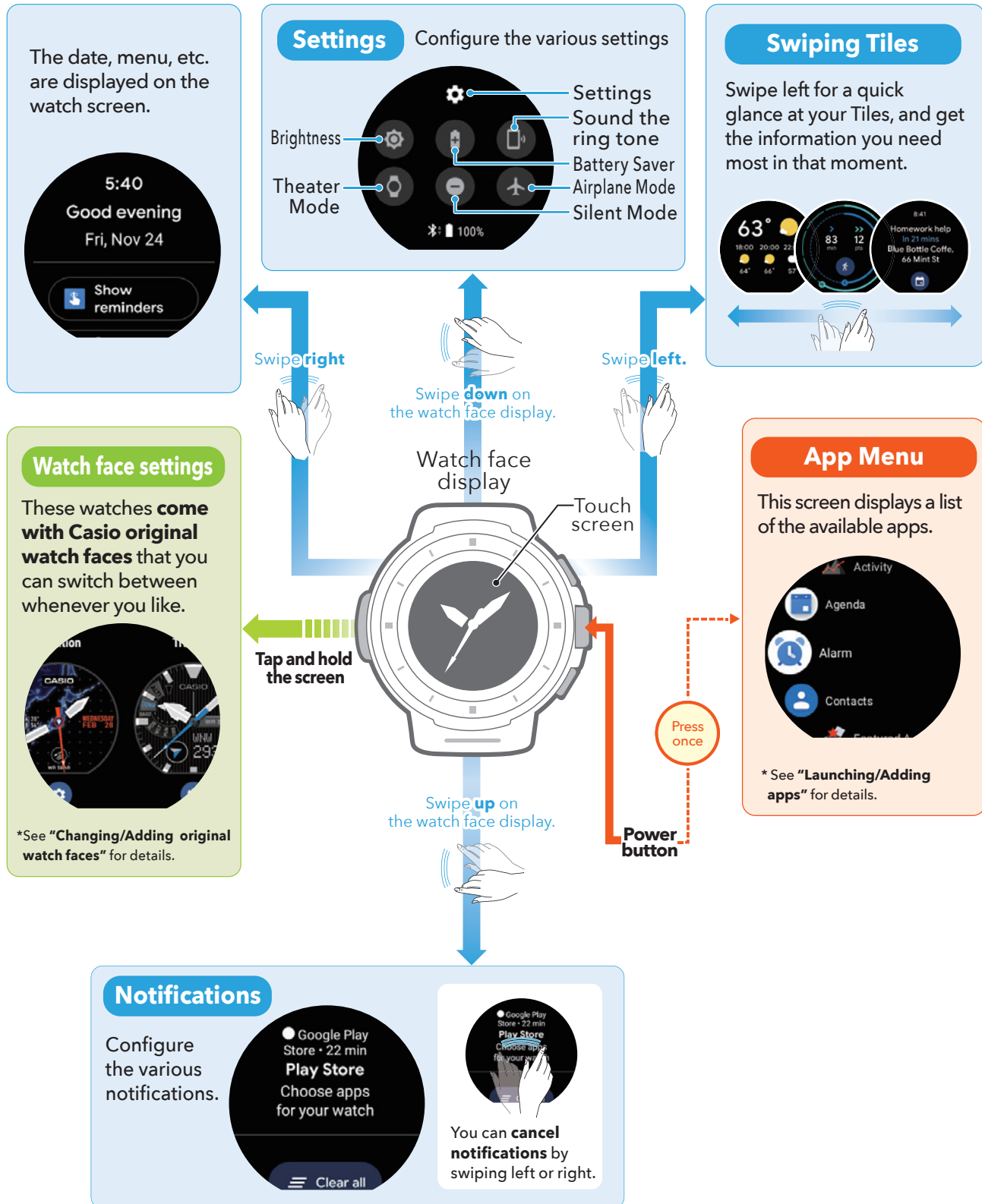
Tap "Save Daily Location Info".



Tap "Every 1 minute" or "Every 6 minutes".

Main Screen Transitions

You can operate this smartwatch by swiping its touchscreen with your finger.



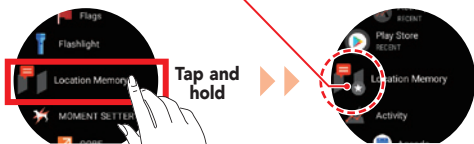


Launching/Adding apps

Launching an app



By **holding your finger** on the app so that a star ★ appears next to the app, you can **assign the highest priority** to the app.

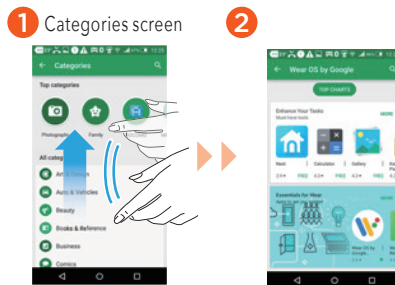


Adding an app

To add an app, you need to install the app on both the smartphone and the watch. (Installation on the smartphone may not be necessary for some apps.)

Android smartphone users

Procedure from the smartphone



In the **Play store** category screen, swipe up and tap **"Wear OS by Google"**.

Install your chosen app.

Procedure from the watch



iPhone users

Procedure from the smartphone

To add the app on your iPhone, install it from **"App Store"**.

Procedure from the watch

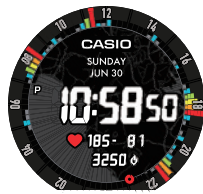
Connect to the watch via Wi-Fi and install the app from **"Play Store"** on the watch.



Changing/Adding original watch faces

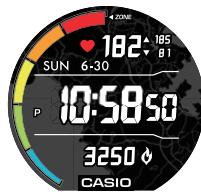
Original watch faces

These watches **come with Casio original watch faces** that you can switch between whenever you like.



Normal screen

- Heart rate Zone log (last 24 hours)
- Daily maximum/minimum heart rate
- Daily energy consumption



Measurement screen

- Current Heart rate Zone
- Current heart rate, daily maximum/minimum heart rate
- Daily energy consumption

[Heart Rate]

The watch features a watch face linked to the heart rate measurement function. Measurement begins automatically when the built-in acceleration sensor detects movement (walking, running or riding a bicycle). (When heart rate measurement is set to "Auto Measurement").

Before using the heart rate measurement function, follow the on-screen instructions to set "Birth Year" and "Birth Month" and "Stable Heart Rate".



[2-layer]



[Traveler]



[World time]



[Place]



[Location]



[Multi]



[Authentic]



[Journey]

Changing the watch face

1

Watch face display



With a watch face displayed, tap and hold the center of the screen.

2

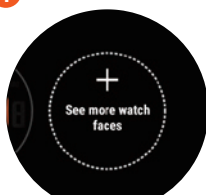
Select an option from the "Favorites".



In the "Favorites" list, choose a screen you like and tap to set it.

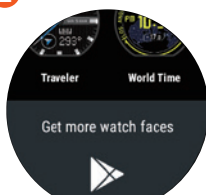
Adding a watch face (on the watch)

1



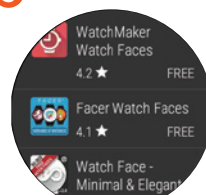
Tap "See more watch faces".

2



Swipe up and tap "Get more watch faces".

3

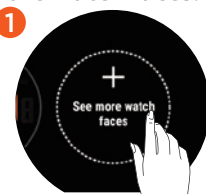


Select the watch face you want to add and install it.

Adding a watch face to "Favorites" (on the watch)

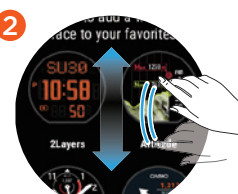
You can add a watch face to "Favorites" by selecting the watch face from **See more watch faces**.

1



Tap "See more watch faces".

2



You can **swipe up or down** to choose your preferred face.

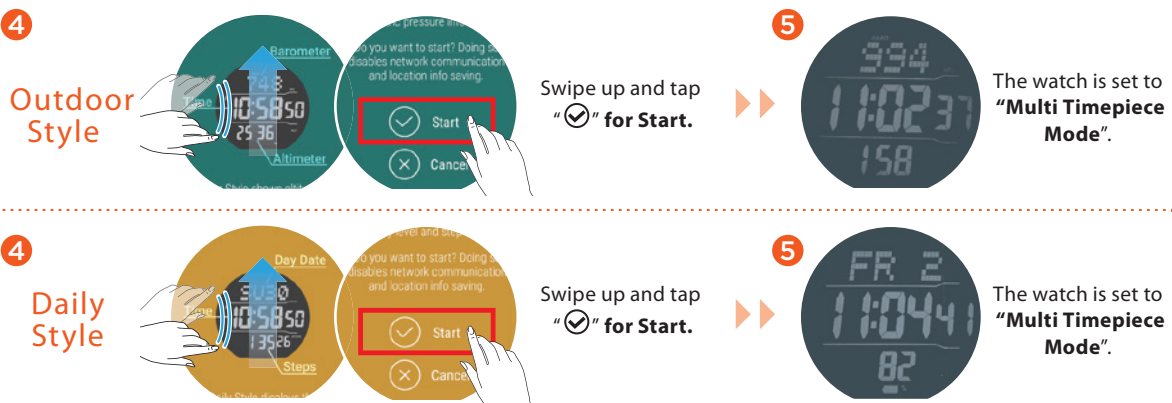


Multi Timepiece Mode Setting/Canceling

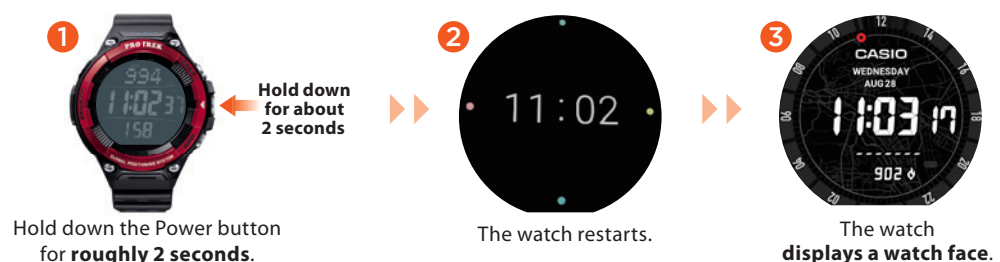
These modes use a monochrome LCD to show the time. Because these modes disable the GPS and communication functions, they use only a tiny amount of power and are very useful when you want to conserve as much battery power as possible but still display the time.

Setting

You can choose either Outdoor style, which shows the altitude and atmospheric pressure, or Daily Style.



Canceling



Functions available without a smartphone connection

The functions shown below can still be used when the watch is not paired with a smartphone. (However, to reset the watch so that it can be used, you will need a smartphone.)

• **TOOL functions**
(Compass, Altimeter, Barometer, Sunrise/sunset time, Tide Graph, My Graph)

• **Checking the time and date**

• **Setting an alarm**

• **Using the stopwatch**

• **Using the timer**

• **Counting the number of steps**

• **Changing the watch face**

• **Setting the watch to Airplane Mode**

• **Listening to music on your watch**

* Only if a Bluetooth® headset is connected to the watch and the music files are already installed

See Wear OS by Google Help for details: <https://support.google.com/wearos/>