Congratulations on your purchase of this CASIO Quartz Watch. Although highly sophisticated, this watch is delightfully simple to use, and by referring to this guide you will enjoy all the features of this remarkable timepiece.

Be sure to keep all user documentation handy for future use, and by referring to this guide you will enjoy all the features of your new CASIO Quartz Watch. This watch is designed to be simple to use, with intuitive instructions and a friendly interface. Whether you are a seasoned watch wearer or a first-time user, this guide will help you get the most out of your watch.

The watch attaches with a band that can be easily replaced with one of your choice. The watch face is waterproof, allowing you to wear it in the rain or while swimming. It features a stopwatch function, ideal for timing events or tracking activities. The band is made of high-quality materials, ensuring durability and comfort.

The bezel can be turned to set the time, and the watch features a battery life of over two years with a single battery. The timekeeping accuracy is excellent, with a deviation of less than one second per month. The watch is powered by a quartz movement, providing precise timekeeping.

With its elegant design and practical features, this CASIO Quartz Watch is sure to become a favorite accessory for you to wear with pride. It is a reliable and fashionable timepiece that will serve you well for years to come.

### Setting the Time and Day

1. Pull the crown out to the second click.
2. At this time, the second hand will move to the 12 o’clock position and stop there.
3. Set the hands by rotating the crown. Rotate the crown to move the hands clockwise. Move the minute hand four or five minutes past the time you want to set, and then back up to the proper position.
4. Be sure that you also set the 24-hour hand to the correct hour of the正确.
5. Push the crown back into the normal position.

### Operating Precautions

- **Water Resistance**: The watch is water-resistant up to 100 meters. It can be used for activities like swimming, bathing, and snorkeling. For diving activities exceeding 100 meters, it is recommended to use a dedicated diving watch.
- **Battery Life**: The battery life is approximately two years with one replacement battery. Battery replacement requires the use of special tools. Always request a check for proper water resistance.
- **Accuracy**: The watch features an accuracy of ±15 seconds per month. It maintains timekeeping accuracy with a deviation of less than one second per month.
- **Temperature**: The watch is designed to operate in temperatures ranging from -10°C to 50°C. It will change its timekeeping to give the correct time in low-temperature situations.
- **Display**: The watch face is designed to be legible and easy to read. It features a clear and intuitive display, making it easy to read the time and other information.

### Specifications

- **Wristband Length**: Approximately 200mm (8")
- **Width**: Approximately 20mm (0.8")
- **Battery**: One silver oxide battery (Type: SR626SW)
- **Water Resistance**: 10 ATM
- **Accuracy**: ±15 seconds per month
- **Temperature**: -10°C to 50°C
- **Weight**: Approximately 40g (1.4oz)

### User Maintenance

- **Caring for Your Watch**
  - Avoid exposing the watch to direct sunlight or extreme temperatures.
  - Do not expose the watch to activities that involve strong impacts or vibrations.
  - Avoid exposing the watch to water or moisture.
  - Keep the watch clean and dry.

- **Warning**: The watch is not waterproof. It is not suitable for underwater activities or activities involving water exposure.

### Important Safety Precautions

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### Cleaning

- **Caution**: Avoid using alcohol, solvents, or other abrasive cleaners on the watch. Use a soft, dry cloth to clean the watch.
- **Warning**: Do not use water or steam to clean the watch.

### Using the Stopwatch

1. Pull the crown out to the first click.
2. Set the day by rotating the crown towards you.
3. Push the crown back to the normal position.

### Testing the Stopwatch

1. Pull the crown out to the second click.
2. Press & stop the stopwatch.
3. Measure the elapsed time.

### Setting the Time on the Watch

To set the time:
- **When using time zones with daylight saving time**: Set the time first, then adjust the daylightsaving time. The 12 o’clock position of the hand becomes the correct time and stop the second hand to set the time. After the above procedure, you should also adjust the timekeeping setting.

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