

Quick Reference Manual 5419

CASIO®

Congratulations upon your selection of this CASIO watch.

Bluetooth® is a registered trademark or trademark of Bluetooth SIG, Inc. of the United States.

Your watch has a Mobile Link function that allows it to communicate with a Bluetooth® SMART mobile phone and adjust its time settings to match those of the mobile phone.

- This product complies with or has received approval under radio laws in various countries and geographic areas. Use of this product in an area where it does not conform to or where it has not been approved under applicable radio laws may be punishable under local laws. For details, visit <http://world.casio.com/ce/BLE/>.
- Use of this product inside of an aircraft is restricted by the aviation laws of each country. Be sure to obey instructions provided by flight personnel concerning use of devices such as this product.

For details about functions, go to the website below and select your language for the EQB-500.

<http://support.casio.com/wat/bs/>



Using the Watch

Charging

Remove the watch from your wrist and place it in a brightly lit area.

- The watch may become hot when exposed to light for charging. Take care to avoid burn injury.
- Avoid charging in locations where it is very hot.

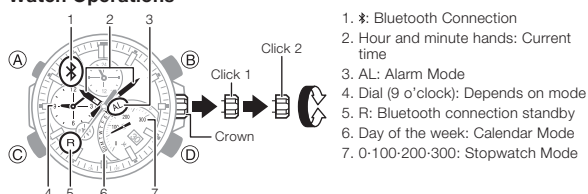
Power Saving

- Leaving the watch in a dark location for about one hour between the hours of 10 p.m. and 6 a.m. will cause the second hand to stop at 12 o'clock.
- Leaving the watch in a dark location for about one week will cause all hands to stop at 12 o'clock.

Battery Alerts

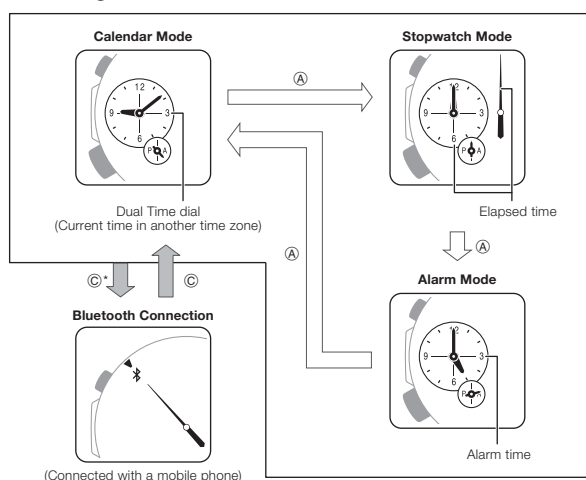
- Low Battery
Second hand jumps every two seconds (Low Battery Alert).
- Dead Battery
All hands stopped at 12 o'clock.

Watch Operations



Use the buttons below to navigate between modes.

- Hold down (A) for about two seconds to enter the Calendar Mode.



* Hold down (C) for about 0.5 seconds to establish a Bluetooth connection.

Setting the Dual Time and Alarm Time

1. Loosen the crown (by rotating towards you).
2. Pull out the crown one click and rotate in either direction.
3. After settings are the way you want, push the crown back in and rotate away from you to tighten.

Setting Your Home Time

1. Loosen the crown (by rotating towards you).
2. Pull out the crown two clicks and rotate in either direction.
3. After settings are the way you want, push the crown back in and rotate away from you to tighten.

Specifications

Accuracy at normal temperature	: ±15 seconds a month
Timekeeping	: Hour, minute (hands move at 10-second intervals), second; 24-hour timekeeping, date, day of the week Calendar system: Full-auto calendar from 2000 to 2099 Others: Dual time (hour, minute; 24-hour timekeeping; Swapping with Home Time)
Stopwatch	: Measuring unit: 1 second Measuring capacity: 23:59'59" (24 hours) Measurement functions: Elapsed time, split times Speed Display: 0 to 300 units/hour
Alarm	: Setting units: Hour, minute Beeper: 10 seconds
Mobile Link Functions	: Auto Time Correction Time setting adjusted automatically at preset time. Mail checking Check for incoming mail from the watch Phone finder Watch operation sounds the alert sound of the mobile phone. Data Transfer 1/1000-second stopwatch: 100 stopwatch records (record year, month, day, hour minute; lap/split time; lap number; fastest lap; average speed; distance setting) Hand position correction Data Communication Specifications Bluetooth® Frequency Band: 2440MHz-2480MHz Maximum Transmission: 0 dBm (1 mW) Communication range: 2 meters max. (depends on environment)
Other	: Power Saving; Low battery alert; Airplane Mode (disables data communication)
Power Supply	: Solar panel and one rechargeable battery
Approximate Battery Life	: 7 months Conditions • Mobile Link: 4 times (9 minutes)/day • Alarm: Once (10 seconds)/day • Power Saving: 6 hours/day